

NestFresh

Jumbo dozen carton

Serving Size 1 egg (63g)			
Amount Per Serving			
Calories	90	Calories from Fat	50
% Daily Value			
Total Fat	5g		8%
Saturated Fat	2g		10%
Trans Fat	0g		0%
Cholesterol	270mg		89%
Sodium	80mg		3%
Total Carb.	1g		0%
Protein	8g		15%
Vitamin A	8%	-	Vitamin C 0%
Calcium	4%	-	Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Protein		50g	65g